**Process for Postdoctoral Fellow (PDF) Health Insurance Subsidy as of January 1, 2024**

1. See the Yale HR benefits page for enrollment and subsidy forms under [Quick Resources](https://your.yale.edu/work-yale/benefits/benefits-enrollment-2024/postdoctoral-fellows-and-hospital-residents-benefits), top right of page:
   1. PDF with Workday compensation Yale stipend paid enrolls through Workday and completes the Healthcare Subsidy Form.
   2. PDF with Workday non-Yale compensation (paid directly by the funder) follows the Unpaid PDF (Yale Health Plan) link.
2. Postdoc completes their section for the form and submits it to their business office.
3. The academic unit or faculty account subsidizes the individual rate. A central fund subsidizes additional premium cost of spouse, dependent, family enrollment rates. Email the completed subsidy form to [postdoc.affairs@yale.edu](mailto:postdoc.affairs@yale.edu) for the central fund COA and costing allocations details.
   1. Yale Stipend Paid PDF: your business office uses the Request Compensation Change bp in Workday to process the PDF Subsidy Plan. Select a 2nd allowance for PDF Sub Other. Follow the [Workday guide: Manage Compensation (Academic)](https://workday.training.yale.edu/training-materials/manage-compensation-academic) > PDF Subsidy for Health Insurance.
   2. Unpaid PDF: send the completed YHP Associate Enrollment Application to [postdoc.affairs@yale.edu](mailto:postdoc.affairs@yale.edu) for approval. The business office sends the form with postdoc office approval to YHP member services to complete enrollment. YHP direct bills the listed COAs at the amounts entered on the form.
4. The business office is responsible for compliance and should regularly audit PDF benefits and pay components. The postdoc office will conduct quarterly audits of PDF benefits and the central fund usage. The business office must update YHP billing with any enrollment changes.

**Notes:**

1. The central fund only subsidizes the following insurance providers: Yale Health Plan, Aetna Smart Care or Aetna Choice.
2. If the department, faculty mentor, or fellowship do not have funds to subsidize single rates, the Lead Admin or business office must submit a request confirming the lack of funds to [postdoc.affairs@yale.edu](mailto:postdoc.affairs@yale.edu). Requests will be reviewed on a case-by-case basis.
3. The business office is responsible for compliance and should regularly audit PDF benefits and pay components. The postdoc office will conduct quarterly audits of PDF benefits and the central fund usage.
4. Enrollment information: <https://your.yale.edu/work-yale/benefits/benefits-enrollment-2024/postdoctoral-fellows-and-hospital-residents-benefits>. If the PDF is covered by more than one insurance plan - such as their spouse’s employer plan - they must disclose this information to the insurance provider. Failure to disclose this information may affect the terms of coverage or denial of claims.
5. The faculty mentor (PI) or department COA are responsible for the single rate for each plan type. The costing allocation percentages for Yale Stiped paid PDFs reflect this allocation between the faculty or unit COA and the central fund COA.

**Costing allocations for Yale Stipend Paid PDF**:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Plan Provider** | **Plan Election** | **Total PDF Subsidy (Plan + Other)** | **PDF Sub - Plan** | **PDF Sub - Other** | **Costing Allocation - Distribution %** | |
| **Faculty or unit COA** | **Central Fund COA** |
| **Yale Health** | **Single** | $1,099.83 | $969.00 | $130.83 | 100% | N/A |
| **Single + Child(ren)** | $2,128.90 | $1,841.00 | $287.90 | 51.662% | 48.338% |
| **Single + Spouse** | $2,291.16 | $2,035.00 | $256.16 | 48.003% | 51.997% |
| **Family** | $3,315.35 | $2,907.00 | $408.35 | 33.174% | 66.826% |
| **Aetna Smart Care** | **Single** | $946.72 | $886.00 | $60.72 | 100% | N/A |
| **Single + Child(ren)** | $1,792.79 | $1,655.00 | $137.79 | 52.807% | 47.193% |
| **Single + Spouse** | $1,939.80 | $1,818.00 | $121.80 | 48.805% | 51.195% |
| **Family** | $3,145.16 | $2,587.00 | $558.16 | 30.101% | 69.899% |
| **Aetna Choice**  **(updated 1/12/2024)** | **Single** | $1242.00 | $1,242.00 | Not Applicable | 100.00% | N/A |
| **Single + Child(ren)** | $2,360.00 | $2,360.00 | 52.63% | 47.37% |
| **Single + Spouse** | $2,608.00 | $2,608.00 | 47.62% | 52.38% |
| **Family** | $3,726.00 | $3,726.00 | 33.33% | 66.67% |

***Frequently Asked Questions:***

* **Do I send the Healthcare Subsidy Form to the postdoc office if the enrollment is for Single and the central fund will not be used?**

No, you only submit the form to the postdoc office if the central fund COA is needed for Yale Stipend Paid PDFs.

* **How do Postdoc Fellows pay their insurance premium costs?**

The PDF subsidy is paid out and the premium cost is a post-tax deduction. The PDF sub will show up under “Earnings” and the health insurance premium will show up under “Post-tax deductions”. Ex. PDF enrolls in 2024 Yale Health Plan single, the PDF sub plan + other is $1099.83, the post-tax deduction for YHP single is $969.

* **What if the department, faculty mentor or fellowship do not have funds to provide the subsidy in part or in whole?**

If the department, faculty mentor, or fellowship do not have funds to subsidize individual rates the Lead Admin or business office must submit a request confirming the lack of funds to the postdoc office. Requests will be reviewed on a case-by-case basis. Please check the subsidy form is complete and provide a clear subject in the email line such “PDF Subsidy” when sending the email to [postdoc.affairs@yale.edu](mailto:postdoc.affairs@yale.edu)

* **Does this subsidy apply to Postgraduate Fellows, Hospital Resident or Clinical Fellows?**

No, this only applies to Postdoctoral Fellows with an appointment in a Yale academic unit. Contact YSM Academic Affairs for the Clinical Fellow subsidy process.

* **What is the anticipated turnaround time as J-1 scholars/family members are required to maintain specific health insurance coverage during their entire stay in the US?**

The turnaround time will be less than 5 days for review and approval provided documentation and all information is complete. Please check the subsidy form is complete and provide a clear subject in the email line, such “PDF Subsidy” when sending the email to [postdoc.affairs@yale.edu](mailto:postdoc.affairs@yale.edu)

* **Individuals on J1 visas must have health insurance effective when they land in the US.  How does this work if they don’t start on a date different from the first of the month?**

They can use a private insurer plan for the time not covered by a Yale provided plan. The Office of International Students and Scholars has information on plans: <https://oiss.yale.edu/campus-community-life/for-students/health-wellness/health-care-coverage>

* **If we have either a current PDF here, or one that is scheduled to come in 2023, and they have already provided proof of coverage under outside health insurance, are they all set or is there a form that needs to be completed?**

You must inform them of the change with the option to enroll in Yale-provided plan. They may elect to waive enrollment in a Yale-provided plan. In that case, the department collects proof of coverage.

* **Should all postdoc fellows have the option of enrolling in a Yale provided plan and the option of obtaining their own external insurance <if not covered by their external funding>?**

Yes, all Postdoctoral Fellows are eligible for the insurance subsidy and should be given the option.

* **What is covered for PDF under a Yale-provided plan?**

Coverage details are here: <https://your.yale.edu/work-yale/benefits/benefits-enrollment-2024/postdoctoral-fellows-and-hospital-residents-benefits>